

## Who am I?

1. This is a fun feedback exercise. (I personally used it at work and at home)
2. Make 2 copies of this sheet. 2. Find an accountability partner 3. Ask them to give their honest perception of you. Compare their answers to what you perceive of yourself. Use the blank spaces to write additional traits.

<input type="checkbox"/> reliable	<input type="checkbox"/> able to take criticism
<input type="checkbox"/> good organisational abilities	<input type="checkbox"/> volatile
<input type="checkbox"/> works well in a team	<input type="checkbox"/> able to handle conflict
<input type="checkbox"/> resilient	<input type="checkbox"/> independent
<input type="checkbox"/> flexible	<input type="checkbox"/> creative
<input type="checkbox"/> articulate	<input type="checkbox"/> fearful
<input type="checkbox"/> self-confident	<input type="checkbox"/> prepared to learn
<input type="checkbox"/> humorous	<input type="checkbox"/> well-balanced
<input type="checkbox"/> innovative	<input type="checkbox"/> distrustful
<input type="checkbox"/> sensitive	<input type="checkbox"/> attentive
<input type="checkbox"/> good at negotiating	<input type="checkbox"/> responsible
<input type="checkbox"/> honest	<input type="checkbox"/> motivated
<input type="checkbox"/> inflexible	<input type="checkbox"/> opinionated
<input type="checkbox"/> versatile	<input type="checkbox"/> adaptable
<input type="checkbox"/> brave	<input type="checkbox"/> diplomatic
<input type="checkbox"/> extroverted	<input type="checkbox"/> introverted
<input type="checkbox"/> solitary	<input type="checkbox"/> down-to-earth
<input type="checkbox"/> prone to stress	<input type="checkbox"/> helpful
<input type="checkbox"/> lively	<input type="checkbox"/> enthusiastic
<input type="checkbox"/> ambitious	<input type="checkbox"/> a dreamer
<input type="checkbox"/> quick-tempered	<input type="checkbox"/> ambitious
<input type="checkbox"/> sporty	<input type="checkbox"/> relaxed
<input type="checkbox"/> self-reflective	<input type="checkbox"/> critical
<input type="checkbox"/> well-behaved	<input type="checkbox"/> chaotic
<input type="checkbox"/> generous	<input type="checkbox"/> thrifty
<input type="checkbox"/> assertive	<input type="checkbox"/> curious
<input type="checkbox"/> impatient	<input type="checkbox"/> engaging
<input type="checkbox"/> ...	<input type="checkbox"/> ...
<input type="checkbox"/> ...	<input type="checkbox"/> ...

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